



# Soccer Equipment List



Cleats — soccer cleats, not baseball  
should have no front cleat



Shin Guards



Water — bring water to all practices and games  
avoid sugary drinks, like soda



Ball — see size chart below

4U/5U/6U/7U/8U	U9/U10/U11/U12	U13/U14
Size 3	Size 4	Size 5



Goalie — gloves and a shirt (10U and above only)